

The Ten Nonvirtues

1. Killing
2. Stealing
3. Sexual misconduct
4. Lying
5. Divisive speech
6. Harsh speech
7. Idle talk
8. Covetousness
9. Harmful intent
10. Wrong views

Four Aspects of a Complete Action:

1. Basis/object
2. Attitude
 - a) Discernment
 - b) Affliction
 - c) Motivation
3. Performance
4. Completion

a. Nonvirtuous Actions and their Effects

- i. The actual nonvirtuous paths of action
(p. 123 - 130)
- ii. Differentiating heavy and light karma
- iii. A presentation of their effects

ii. Differentiating Heavy & Light Karma

Six ways in which the ten paths of karma are heavy:

1. Conditioning
2. Habituation
3. Nature
4. Basis
5. Singularly adhering to the discordant side
6. Clearing away the discordant side

Four Ways that Karma is Strong

1. Great strength by way of the field
2. Great strength by way of the support
3. Great strength by way of the thing
4. Great strength by way of attitude